



With this information you can inform the kitchen and service staff:

I have coeliac disease! For medical reasons, I am not allowed to eat gluten. Even the smallest traces can cause damage to my health.

Not allowed: Wheat, spelt, rye, barley and products made from them such as dough, pasta, bread, cakes, breadcrumbs. Sauces or soups bound with flour. In the case of ready-made products and spices, it is essential to check the ingredient declaration for ingredients containing gluten.

Allowed: rice, maize, millet, potatoes, oats licensed as gluten-free, vegetables, fruits, meat and fish; eggs, milk and dairy products. Corn and potato starch.

Caution:

Care must be taken during preparation to avoid contamination. Use separate, thoroughly cleaned pans, ladles and scoops.

Thank you for following these instructions for my health.